

Dear Notre Dame Faculty,

The Notre Dame Student Government asked the Faculty Senate for help in notifying students of campus resources available to assist with mental health issues. The Senate deliberated upon this issue, and in collaboration with representatives of Student Government and in consultation with the Division of Student Affairs, drafted and approved language that we hope to see in forthcoming syllabi (see statement below). The Faculty Senate recognizes that mental health is an under-addressed topic and often stigmatized. The Senate also recognizes that syllabi are an effective way to disseminate information about class responsibilities, academic ethics, and university resources. We strongly encourage you to include the statement below in future syllabi. Thank you for your cooperation in this matter.

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Chair, Faculty Senate
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Richard Pierce
Chair, Student Affairs Committee/Faculty Senate
John Cardinal O'Hara, C.S.C., Associate Professor of History
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Statement On Mental Health Resources For Syllabi

Support for Student Mental Health at Notre Dame

Care and Wellness Consultants provide support and resources to students who are experiencing stressful or difficult situations that may be interfering with academic progress. Through Care and Wellness Consultants, students can be referred to The University Counseling Center (for cost-free and confidential psychological and psychiatric services from licensed professionals), University Health Services (which provides primary care, psychiatric services, case management, and a pharmacy), and The McDonald Center for Student Well Being (for problems with sleep, stress, and substance use). Visit care.nd.edu.